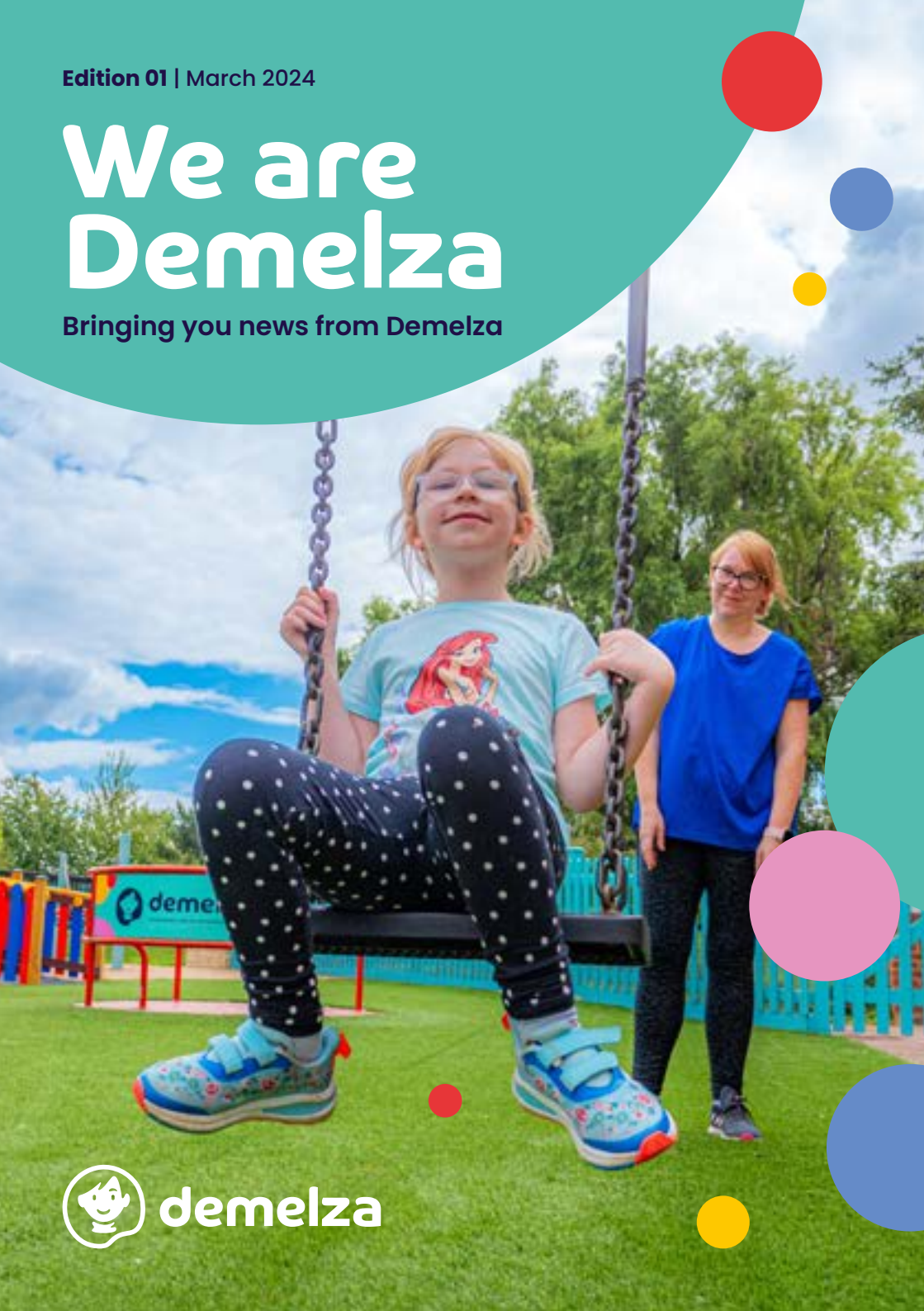


Edition 01 | March 2024

We are Demelza

Bringing you news from Demelza



demelza

Together we have achieved so much over the last year.

Thank you.

62 children and family members accessing

426

counselling sessions

710

children with serious or life-limiting conditions and their families supported

164

new families referred to access our service

209 children and family members accessing

656

creative therapy sessions

440

hydro pool bookings

226

nights of end-of-life care within our community and hospices

Join our volunteering team

Whatever your interests or skills we'd love to find a role for you. To find out more visit: demelza.org.uk/support-us/volunteer

Case Study

Demelza has developed a neonatal pathway that supports local families of premature babies born between 22-24 weeks.

We spoke to Mo, mum of Teniola, to find out how this support made a difference to her.

"Teni was born prematurely and without support, we were facing £120 in taxi fares every day to see her in hospital. Thankfully, we were referred to Demelza and their practical support drivers were amazing, providing me with free transport to and from the hospital; nothing was too much trouble. They were so respectful of me as a person, whether I was struggling one day and needed to keep to myself or having a better day and wanted a chat.

Teni was discharged from the intensive care unit with no health complications; we won't need Demelza's support going forward, but we're so grateful that they were there when we needed them in those first weeks. I don't know where we'd have been without them."



How you can get involved...

Running

London Marathon	21 Apr
Royal Parks	13 Oct

Cycling

Ride London	26 May
London to Brighton	15 Sep

Walking/Trekking

Jurassic Coast Challenge	18-19 May
London 2 Brighton	25-26 May
South Coast Challenge	7-8 Sep
Thames Path Challenge	14-15 Sep
Thames Bridges Trek	14 Sep
Machu Picchu	21 Sep

Virtual

Ditch it for Demelza	14 Feb - 28 Mar
Miles in May	Throughout May

Open Days

Kent	15 Sep
South East London	20 Oct

Family

Easter Egg Hunt	29 Mar
Bubble Rush	
Betteshanger Park, Deal	12 May
Bede's School, Hailsham	2 Jun
Mote Park, Maidstone	23 Jun
Avery Hill Park, Eltham	14 Jul

Adrenaline

Skydive Day	19 May & 15 Sep
Zip Wire	7 Jul

Christmas

Celebration of Christmas	16 Dec
Festive Elf Trail and Market	Dec 2024



Coming
Summer 2025!


Trail with
a Tale
Royal Tunbridge Wells

Sign up!



To find out more and sign up visit:
demelza.org.uk/support-us/events

@demelzacharity     

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