



**demelza**

extraordinary care for extraordinary children



# Transition support

Our support will focus on **early planning** to help prepare young people and their families to move on from Demelza and be in contact with relevant care and support within adult services.

We recognise that children and adult services operate within very different eligibility criteria, so we will help **bridge the gap**.

We are here to support you, **emotionally and practically**.

Find out more



[demelza.org.uk](https://demelza.org.uk)  
01795 845280

## Our Transition Navigators

Claire Collins and Paul Packman

Paul knows Demelza well having worked in Demelza's Care Team as a Healthcare Assistant since 2012. Claire has moved to Demelza having worked for the Department of Work and Pensions for 22 years.

Paul and Claire joined the Family Support team in November 2022 as Transition Navigators to support young people and their families to navigate their way through transition to adulthood and adult services.



### How can a Transition Navigator help?

They will be in contact to discuss the support you and your family need from your 16th birthday and can provide support up until your 25th birthday.

### Supporting young people, parents and carers to navigate changes in:

- Welfare benefits
- Decision making & parental responsibility
- Care & medical needs
- Ongoing support

### Transition offer:

#### Transition support

Paul and Claire are available to provide advice, support, information and signposting

#### Family events

Such as festive wishes, family days out, new year parties

#### Creative therapies

Art or Music therapy, available virtually or in person

#### Siblings support

For all siblings under 18, peer to peer groups, events and activities, 1:1 support

#### Families Facebook

To connect with other Demelza parents and carers

If you have any questions or would like to discuss support available in more detail please contact:

**Family support helpline: 01795 845280**

(Mon-Fri 10am-4pm)

Email: [transition@demelza.org.uk](mailto:transition@demelza.org.uk)

### Future Events

**demelza.org.uk**

Registered Charity No. 1039651

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