



demelza

extraordinary care for extraordinary children

Precautions for using the hydro pool

Please let us know if you have any conditions which mean you need to be careful in the hydro pool.

Pregnancy

If you are pregnant - you must not use the pool if the water is above 35°C.

If the water is above 32°C and you are in the early stages of pregnancy you should be careful due to the risk of low blood pressure and fainting.

You must not use the pool if you have any of the following:

- Acute infections
- Raised temperature
- Uncontrolled high or low blood pressure
- Diarrhoea and vomiting in the last 48 hours
- An unstable medical condition
- If you are under the influence of alcohol or drugs

You should take precautions in the pool if you have any of the following:

- Fear of water
- Drop attacks / seizures
- Sensitivity to chlorine
- Recent cardiac treatment (MI/ Surgery/pacemaker)
- Recent radiotherapy or chemotherapy (check with your consultant)
- Asthma (bring your pumps to the poolside)
- Renal failure (check with your consultant)
- Verrucae (wear socks)
- Open wounds (use a waterproof dressing)