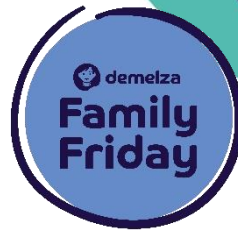




demelza

extraordinary care for extraordinary children



Sex and relationships

Friday 23 February 2023

Contact Anne Fullbrook at anne.fullbrook@demelza.org.uk

Support and guidance

- **The Open University | Sex, intimacy and disability**
www.open.edu/openlearn/talkaboutsex
- **Scope UK | Sex and relationships**
www.scope.org.uk/advice-and-support/sex-and-relationships/
- **Let's talk about sex: a love & relationships guide (Easy Read)**
www.open.edu/openlearn/pluginfile.php/3278937/tool_ocwmanage/article/1/ou_mencap_easy_read_final_002.pdf
- **Talking about sex: a booklet for young people with life-limiting or life-threatening conditions and their carers**
www.open.edu/openlearn/pluginfile.php/3278937/tool_ocwmanage/article/1/talking_about_sex_booklet_accessible_download.pdf
- **Love Life: resources for young people with learning disabilities**
learning.nspcc.org.uk/research-resources/schools/love-life
- **National Children's Bureau | Sex education for disabled young people**
www.ncb.org.uk/about-us/media-centre/news-opinion/getting-relationships-and-sex-education-right-disabled-young

LGBTQ+

- **ParaPride | Making life more accessible for LGBTQ+**
parapride.org/
- **Regard | Offers support for LGBTQ disabled people**
regard.org.uk/
- **All Sorts Youth | Listens, connects and supports**
www.allsortsyouth.org.uk/
- **The BeYou Project | Connect, support, socialise**
thebeyouproject.co.uk/
- **Mermaids | Supports gender variant and transgender youth**
mermaidsuk.org.uk/
- **The Proud Trust | Youth work and one-to-one support**
www.theproudtrust.org/
- **FFLAG | Supporting families and their LGBT+ loved ones**
www.fflag.org.uk/

Protection against sexual abuse

- **NSPCC Talk PANTS**
www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/
- **Parent Club | Keeping your child safer online**
www.parentclub.scot/articles/helping-keep-your-child-safer-online-child-sexual-abuse-and-exploitation
- **The Upstream Project | Abuse of children with disabilities**
www.theupstreamproject.org.uk/learn/disability